



## DECLARATION ON HAPPINESS

### Preamble

We, the people of the 21st century, are witnessing a profound spiritual and moral crisis born from the neglect of eternal values, disunity, excessive consumerism, and the alienation of humans from themselves, nature, and society. This leads to a loss of meaning, self-destruction of the individual, and threats on a global scale.

amidst the escalating risks and contradictions of modern civilization, the future appears devoid of hope for many. Overcoming this crisis requires a fundamental revision of the foundations of our existence—a transition from a paradigm of disunity and competition to a paradigm of conscious unity, integrity, and co-creation.

True happiness is found not in the pursuit of possession, but in the awareness of the profound interconnectedness of all living beings, in the realization of one's highest potential for the benefit of all humanity, and in harmony with Nature. This Declaration proclaims happiness not as a transient state, but as a natural consequence of living in mindfulness, service, and unity.

### Article 1. The Right to Conscious Pursuit of Happiness

Every human being is born with the right to consciously pursue happiness. This right is realized through the unhindered development of their spiritual, intellectual, creative, and physical potential in harmony with the interests of society and the universal cosmic laws of existence. This right is based on the principles of sovereignty of spirit, unity in diversity, and moral responsibility towards life in all its manifestations.

### Article 2. The Foundation of Human Development: Integrity and Unity

Recognizing humans as creative subjects of evolution requires states and societies to create conditions for their holistic development—the synthesis of spiritual, moral, intellectual, and physical principles. The highest priority is the formation of a social environment based on the principles of love, mutual assistance, justice, and ecological balance, where the value of an individual is measured by their contribution to the common good.

### Article 3. Education and Culture of Mindfulness

Every person has the right to an education aimed at unlocking their creative nature and forming a holistic worldview. Such education is intended to cultivate the heart and mind, develop critical thinking, empathy, environmental and civic responsibility, as well as the capacity for constructive cooperation. Culture must become a space for the elevation of the human spirit and the affirmation of the ideals of good, truth, and beauty.

#### Article 4. Environmental Responsibility and Harmony with Nature

Humanity is an integral part of the single organism of Nature. Protecting the environment, using resources wisely, and transitioning to sustainable development are the sacred duties of every state, society, and individual. The well-being of future generations is inextricably linked to our ability to live in conscious harmony with the natural world.

#### Article 5. Social Order Based on Justice and Co-Creation

Social justice entails creating conditions where every member of society has equal access to opportunities for fulfilling their purpose and can fully realize their inner potential for the benefit of others. States are obliged to eliminate all forms of inequality and discrimination, promoting an economy of cooperation and mutual service.

#### Article 6. Participation of Civil Society in Building a New World

Civil society, as the bearer of the ideals of conscious unity, plays a key role in transforming social institutions based on outdated principles of division. Its mission is to actively participate in the formation and implementation of policies and programs aimed at building a society where the highest value is the happiness and integrity of every individual.

#### Article 7. Health and Well-being as a Holistic State

Health is understood as a state of complete physical, mental, spiritual, and social well-being, and not merely the absence of disease. States undertake to create conditions and ensure access to health systems based on the principles of holism, prevention, and harmony with nature, as well as to promote the dissemination of practices that strengthen psycho-emotional resilience and mindfulness.

#### Article 8. The Family as a School of Love and Unity

The family, founded on love, mutual respect, and community of spirit, is the fundamental basis of a healthy and happy society. It is within the family that the foundations of morality, mindfulness, and a creative approach to life are laid. States and society are obliged to strenuously strengthen the institution of the family, creating conditions for raising children in an atmosphere of happiness, trust, and spiritual community.

#### Article 9. Creativity as a Path to Realizing Higher Meaning and Affirming the Intrinsic Value of Life

Creativity is a natural manifestation of the inner divine nature of humans and a powerful tool for their spiritual evolution, through which the intrinsic value of human life is affirmed. Through creative self-expression, which is an act of deep respect for the gift of life, a person learns and reveals their unique essence, achieves inner integrity, overcomes limitations, and thereby multiplies the common good. The awareness of this intrinsic value through creativity fills life with higher meaning. Educational and cultural institutions are called upon to create an environment that reveals and nurtures the creative potential of every individual as an inexhaustible source for transforming oneself, society, and the world.

### Article 10. Spiritual Sovereignty and Freedom of Conscience

Every person possesses the inalienable right to spiritual sovereignty—the free search for truth, the meaning of life, and one's place in the single organism of humanity. No one shall be subjected to discrimination for their beliefs, provided they do not harm others. States respect this right and promote interfaith dialogue based on mutual respect and recognition of the unity of all spiritual paths leading to light and good.

### Conclusion

This Declaration proclaims a new goal for humanity: the building of a New World of Conscious Unity, where the happiness of each is inextricably linked to the well-being of all.

We call upon states, international and public organizations, and every individual to recognize their responsibility and begin to act—in thoughts, words, and deeds—to bring these high ideals to life. By uniting our hearts and efforts, we can together create a reality where the right to genuine, meaningful happiness becomes a reality for every inhabitant of the Earth.

Adopted by the participants  
of the First World Public Assembly  
September 21, 2025  
Moscow, Russian Federation